

**BOUQUET CANYON
CROSS COUNTRY INVITATIONAL MEET
SANTA CLARITA CENTRAL PARK**

DATE: Saturday, November 2, 2013

TIME: Walk through will begin at 08:00 a.m. and the first race will be at 08:45 a.m. Races will start Approximately every 15 minutes and will overlap. Youth and Intermediate will race at the same time.

DIVISIONS & DISTANCE:

Races will be combined by distance to expedite meet. ie 2k, 3k, 4k

7:30 am OPEN	(HIGH SCHOOL and OPEN)	3 MILE HS COURSE
8:45 am SUB-BANTAM GIRLS	(Born in 2005 or later)	2000m (1.2 miles)
 SUB-BANTAM BOYS	(Born in 2005 or later)	2000m (1.2 miles)
 BANTAM GIRLS	(Born 2003 or 2004)	3000m (1.8 miles)
 BANTAM BOYS	(Born 2003 or 2004)	3000m (1.8 miles)
 MIDGET GIRLS	(Born 2001 or 2002)	3000m (1.8 miles)
 MIDGET BOYS	(Born 2001 or 2002)	3000m (1.8 miles)
 YOUTH GIRLS & BOYS	(Born 1999 or 2000)	4000m (2.4 miles)
 INTERMEDIATE GIRLS & BOYS	(Born 1997 or 1998)	4000m (2.4 miles)

ENTRY FEES: (\$5.00) per athlete and no team fee.

AWARDS: Participate ribbon to top 25.

ADDRESS: 27150 Bouquet Canyon Rd., Santa Clarita, California, 91350

PRE-REGISTRATION: please email athlete rosters to alanbingham@runstorm.org, include in the list, Athlete's First & Last Name, Date of birth, Gender, Team or Unattached.

REGISTRATION DAY OF MEET: Begins at 07:00 a.m. and ends at 09:30 a.m. Please arrive on time.

INFORMATION: For more information email Ron McGee at rmcgeeco@yahoo.com, or call C. (818) 416-3285

HOSTED BY: Hawks Track Club, Los Angeles Falcons, Northridge Pacers, North Valley Golden Bears, Palmdale Bullets, Santa Clarita Track Club – Storm, Simi Valley Spartans, West Valley Eagles, Valley United Striders. Valley Youth Conference.

VALLEY UNITED STRIDERS
 CROSS COUNTRY INVITATIONAL MEET
 2013
 PIERCE COLLEGE

Team Name	
City	
Coach	
email address	
phone	

Minimum of 3 members per team

	Athlete names	AG	DOB	Gender
1				
2				
3				
4				
5				

	Athlete names	AG	DOB	Gender
1				
2				
3				
4				
5				

	Athlete names	AG	DOB	Gender
1				
2				
3				
4				
5				

	Athlete names	AG	DOB	Gender
1	John Q Public	Bantam	7/4/2003	Boy

Please use the above form to submit your teams, print more if need and email to alanbingham@runstorm.org
 A team must have at least 3 athletes, and no more than 5. No mixed genders/age groups please