



**Track and Field  
Parent's Meeting  
Agenda  
&  
Information Packet**

**February 24, 2009**

Valencia High School  
Multi Purpose Room

# Santa Clarita Track Club – Track and Field Parent’s Meeting Agenda & Information Packet

## 1. Welcome

## 2. Introductions SCTC-Storm Board of Directors

I would like to begin by first introducing your Board of Directors, Head Coach & Coaching Staff, and Executive Board.

<u>Name</u>	<u>Position</u>	<u>Contact Tel #</u>	<u>e-mail</u>
♦ Alan Bingham	President	661-755-6197	<a href="mailto:alanbingham@sctc-storm.org">alanbingham@sctc-storm.org</a>
♦ Michele Ewing	Director	661-296-8009	<a href="mailto:thdarce@sbcglobal.net">thdarce@sbcglobal.net</a>
♦ David Summer	Treasurer	661-644-0322	<a href="mailto:dksummer@sbcglobal.net">dksummer@sbcglobal.net</a>
♦ Lisa Robotham	Secretary	661-296-1128	<a href="mailto:lfrobotham@aol.com">lfrobotham@aol.com</a>
♦ Elaine Bingham	Head Coach	661-373-6897	<a href="mailto:elainebingham2002@hotmail.com">elainebingham2002@hotmail.com</a>
♦ Bettie Jo Roelofson	Equipment Manager	661-296-6454	<a href="mailto:bjcr8memories@aol.com">bjcr8memories@aol.com</a>
♦ Cyndi Lindner	Public Relations	661-263-0183	<a href="mailto:cynlin33@sbcglobal.net">cynlin33@sbcglobal.net</a>
♦ Monica Drake	Member at Large	661-257-3741	<a href="mailto:monicakd1@aol.com">monicakd1@aol.com</a>
♦ Loretta Drake	Member at Large	661-257-3741	<a href="mailto:monicakd1@aol.com">monicakd1@aol.com</a>

### Coaches

<u>Name</u>	<u>Position</u>	<u>Name</u>	<u>Position</u>
♦ Eric Schmidt	Gremlins	Shannon Schmidt	Gremlins
♦ Mark Yost	Bantams	Caroline Rostad	Bantams
♦ Rob Watson	Bantams	Chris Casillas	Bantams
♦ Mary Boyd	Midgets	Manny Lopez	Midgets
♦ Westie Pilarski	Midgets	David Dietz	Midgets
♦ Joe Hernandez	Youth/Intermediate	Mark Hays	Youth/Intermediates
♦ Dena Adante	Youth/Intermediate	Eloy Sherlock	Youth/Intermediates
♦ Jeremy Stepan	Distance	David Summer	Distance
♦ Kwan Beilin	Distance	Mary Kautianinen	Distance
♦ Michael Moore	Shot Put	Richard Watson	Long Jump
♦ Derik Lindsey	Long Jump	Dan Jordan	Long Jump
♦ Robert Stouffer	High Jump	Cory Lindner	High Jump
♦ Joe Hernandez & Mark Hayes Hurdle Coach		Joe Hernandez & Mark Hayes Sprint/Blocks Coach	

The Santa Clarita Track Club is non-profit organization that promotes sports for youth (Track and Field, Cross-Country) ID #77-0615715.

The Santa Clarita Track Club Track and Field is made up of board members and coaches that are all **VOLUNTEERS**. These volunteers are parents much like you. Since this is all done on a volunteer basis, your help, support and cooperation is **CRITICAL** for this program to be a success. To ensure that a few individuals will not be doing the work of many, we sincerely hope and encourage each parent / guardian to participate in helping to accomplish the various functions of the club (i.e. coaching, timers, data entry, clothing sales, fundraisers, etc).

Our Team needs people to coach as well as meet and practice help. Please, if anyone can help let me know tonight or contact any of your Board members

## 3. Philosophy

- ♦ Positive Coaching Plan

- ◆ **Individual & Team Sport** Athletes compete on a team and against other athletes to help their Teams excel. Individuals also compete against themselves by trying to Improve their past performance and achieving their best possible Individual performance.
- ◆ **Everyone Benefits** Each and every athlete is encouraged to achieve and improve each and every day. There are **NO LOSERS** in **TRACK** and **FIELD**. Every child is a **WINNER!**
- ◆ **Alcohol, Profanity, Taunting, Verbal Abuse** Alcohol, profanity, taunting or verbal abuse by anyone is not tolerated. Any person violating any of the above will be ask to leave immediately And further action may be taken.
- ◆ **Fighting** Fighting is grounds for immediate dismissal from the program, no Exceptions.

#### 4. General Information

##### A. Parent Packet

Most all of the information you will need can be found in the General Parents Packet which was provided when you initial signed up. The Information provided tonight will be team specific and review. If, after You read and review the General Parents Packet and the information Provided to you this evening, you still have questions, please fill in the 'Question Request' forms provided or call any Board member or Coach.

##### Qualification of League Finals & I.E.C.'s.

Post season, The SCTC has its own post season Team, or we may elect to join Valley United Striders.

##### B. Practice

First practice will be Monday, March 02, 2009 at 6:00 p.m. Practices will be Mondays, Wednesday, & Thursday, 6:00 p.m. – 7:45 p.m. Valencia High School Track

League open meet and League Championship meet will be held on May 16<sup>th</sup> and 17<sup>th</sup>.

Practice for IEC athletes will be held on May 18 – 22 and May 26 - 28

IEC stands for Individual Event Championship meet, These are the best Athletes in the Conference, the top 4 athletes of each league and the best 5 place athlete between the two leagues will be invited to this meet.

Athletes should not be brought to the practice facility more than 15 minutes prior to the start of practice (i.e. before 5:45 p.m.). Practice ends promptly at 7:45 p.m. Please arrive no later than 7:30 p.m. to pick up your child or children on time.

Coaches are responsible for unattended children and can't leave until all children have been picked up. Please be considerate to our staff. We do not want our staff to become babysitters. You are welcome and encouraged to stay and observe all practices. In fact, this would be a good opportunity to help your team. Sometimes your interest and Involvement goes a long way towards your child excelling.

**Field events start the third week of practice.**

**Rain. There will be NO PRACTICE if it is raining.**

**Attendance: We recommend that athletes attend at least 2 times a week.**

**Label all personal items and clothing.**

**Closed practice! Absolutely no one is allowed on the track (except Coaches, athletes and volunteers).**

**C. Facility Rules**

**When dropping off and Picking up your child or children, please remember that the parking lot will be very dark and you should drop off right at the gate. Avoid having your kids darting through the parking lot in between other cars.**

**Please pick up any trash you are responsible for and dispose of it properly.**

**Coaches or adult volunteers must accompany children to and from the restroom facilities.**

**No Gum, Sunflower Seeds, food, drinks (except water), glass, tobacco Products, pets, golfing, sharp objects, skateboards, sources of open Fire or flame.**

**1/4" or less pyramid spikes for all track shoes.**

**No Jelly Beans on the track or field, stay outside gates with Jelly beans.**

**D. Safety**

**Hurdles and all other equipment is off limits to all athletes unless supervised by a coach.**

**Safety Vests shall be worn at all times when athletes leave campus.**

**E. Volunteers**

**Coaches:(Long Jump, High Jump, Shot Put, Hurdles, Age Group, Sprint and Distance).**

**Practice: (Team Mom, Restroom Monitors)**

**Computer: (Data Input People) (Timing System Operator)  
(We will train you on our software & Hardware)**

**Meet Day: (See Below)**

**Timers: (Third week of practice and on meet days)**

**F. Track Meets**

**3 meets minimum to qualify for open or league finals and awards.**

**Setup is at 7:00 a.m. (Please Help) / Tear Down at the end of the meet. (Please Help) POP-UP tents, Need a parent who can bring and pick up.**

**Volunteers will be needed for staging, finish line, statistics, long jump, high jump. Shot put, computer input, timing, etc.**

Upon arrival athletes need to check in at the TAG-TABLE.

Spikes will be for sale at all meets AT TAG-TABLE.

Schedule of events will be posted on our website

**G . Awards**

**Ribbons** will be awarded for each event that athletes participate in. First place through 8<sup>th</sup> place, participation ribbons are given for places after 8<sup>th</sup> place.

**PR Ribbons** PR Stands for Personal Record. And will be awarded for each event that an athlete betters their time/distance at. The athlete with the most PR's per age group and gender will win a PR award plaque for the season.

**The Storm Award**

This award was initiated as a means of re-affirming the characteristics we hope can be developed in our youth sports program. This award goes to the athletes (1 male and 1 female) of our club that most demonstrate enthusiasm, consideration for others, dependability, responsibility and supports peers, coaches and the club. This athlete may not necessarily be the top athlete of the sport. The nominee has shown a willingness to learn and implement the fundamentals of track and field. This athlete should exemplify the "spirit" of our track club over more than one season.

**Scholastic Awards**

All athletes that maintain a B+ (3.5) grade point average or better during the season will receive a Scholastic Achievement Plaque. The plaque is engraved with the student's name and year on it. A special President's Award is presented to athletes that maintain straight A's. Application forms are available on the website. The deadline to turn in these forms is April 23, 2009.

**H. Physicals & Birth**

Physicals not required. Birth Certificates now!!!

**I. Information**

can be found on our website at <http://www.runstorm.org/Track>

**J. Newsletters**

Sign up on our website, for newsletter it's the only way to get them.

**K. Uniforms**

Distribution of uniforms will be prior to the first meet.

**L. Fund Raising**

Lap-a-thon to be held Monday, March 23 @ 6:00 p.m. Funds are due April 16, 2009 by the end of practice to be eligible for the grand prize Grand Prize will be 4 Park Hopper tickets to Disneyland and California Adventure

**M. Donations**

Corporate donations, shoes are always appreciated. We are asking each family to donate either 2 bags of jelly beans or 2 bags of jolly ranchers.

**5. Questions**

Please ask any questions you would like.