2008 AAU Southern Pacific District Cross Country Championships

Southern California National Cross Country Championships Qualifier

Location: Corriganville Park, Simi Valley, California 93063

Date: Saturday, November 1, 2008

Host: Valley Youth Conference – Valley Striders

Sanction by: Southern Pacific District AAU

Time: 8:00 am Registration and Races Start at 9:00 am

Entry Fee: \$15.00 per athlete

Awards: Medals to the top 3 individuals in each category
Contact: Meet Director: Bryan Riggs (805) 578-2400, Ext. 101

riggsinc@sbcglobal.net



IMPORTANT INFORMATION

DIRECTIONS

Simi Valley is located in East Ventura County. Take the 118 freeway to the Kuehner Drive Exit. Go South 1½ miles to Smith Road. Go East on Smith Road. Smith Road Deadends at Corriganville Park. 7001 Smith Road. Thomas Brothers Map VC: 499, D/3

OTHER INFORMATION

All Registrations will occur the day of the meet. Large Teams must pre-register one week in advance in Team Manager. Registration will include proof and a copy of a current AAU Membership Card, Birth Certificate, and <u>cash</u> entry fee at the day of the event. Weather will not cancel the meet, unless Law Enforcement says otherwise. NO Waivers will be granted to the National Cross Country Championships. All athletes MUST be a current AAU Member before registering at the event. Memberships are available on line at www.AAUsports.org

2008 National Cross Country Championship Decatur, Alabama

Schedule of Events

The first race will begin at 9:00 am. All other races will begin 5 minutes after the completion of the previous race. The order is listed below.

8:00-9:00 am	Registration	
9:00 am	Primary (8 and under) Girls	2k
	Primary (8 and under) Boys	2k
	Bantam Girls	3k
	Bantam Boys	3k
	Midget Girls	3k
	Midget Boys	3k
	Youth Girls	4k
	Youth Boys	4k
	Intermediate Boys & Girls	5k
	Young Men/Women	5k

Please note: Registration is 1 hour before the start of the meet

AAU Membership cards are required. You can purchase AAU cards on line at www.aausports.org

2008 - Age Divisions

Primary	2000 & after
Bantam	1998-1999
Midget	1996-1997
Youth	1994-1995
Intermediate	1992-1993
Young Men/Women	1990-1991